

## Find someone to talk to

183

contacts for the state of California

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Organization name	Can answer my questions about	Contact information
SHIP State Health Insurance Assistance Program	Personalized health insurance counseling	Toll Free: (800) 434-0222 Visit website
1-800-MEDICARE	General Medicare information, ordering Medicare booklets, and information about health plans.	Toll Free: (800) 633-4227
Accreditation Association for Ambulatory Health Care	Finding out if urgent care centers and ambulatory surgical centers are accredited or not.	Local: (847) 853-6060 <u>Visit website</u>
Agency for Healthcare Research and Quality (AHRQ)	Ordering brochures on "Choosing a Hospital, Choosing Treatments and Choosing a Hospital."	Toll Free: (800) 358-9295 Toll Free TTY: (888) 586-6340 <u>Visit website</u>
American Association for Accreditation of Ambulatory Surgical Facilities	Finding out if an ambulatory surgical center is accredited or not.	Toll Free: (888) 545-5222 Local: (847) 775-1970 <u>Visit website</u>
American Association of Kidney Patients	Educational materials for people with kidney disease.	Toll Free: (800) 749-2257 Local: (813) 636-8100 <u>Visit website</u>
American Board of Medical Specialties	Finding out if a doctor is board certified.	Toll Free: (866) 275-2267 Local: (312) 436-2600 <u>Visit website</u>

Organization name	Can answer my questions about	Contact information
American Cancer Society	Finding information on cancer.	Toll Free: (800) 227-2345 Toll Free TTY: (866) 228-4327 <u>Visit website</u>
American Heart Association	Finding information on heart disease.	Toll Free: (800) 242-8721 Local: (214) 570-2000 Spanish: (800) 242-8721 <u>Visit website</u>
American Hospital Association	Finding a voluntary list of patients' rights in a hospital.	Toll Free: (800) 424-4301 Local: (312) 422-3000 <u>Visit website</u>
American Kidney Fund	Financial assistance and educational materials for people with kidney disease.	Toll Free: (800) 638-8299 Local: (301) 881-3052 Spanish: (866) 300-2900 <u>Visit website</u>
American Self-Help Clearinghouse	Finding specific health support groups in your area.	Toll Free: (800) 367-6274 Local: (973) 989-1122 <u>Visit website</u>
Beneficiary and Family Centered Care Quality Improvement Organization (BFCC-QIO)	Complaints about quality of care, and filing an appeal or complaint.	Toll Free: (877) 588-1123 TTY: (877) 588-1123
Benefits Coordination & Recovery Center (BCRC)	Medicare Secondary Payer, and who pays first.	Toll Free: (855) 798-2627 TTY: (855) 797-2627 <u>Visit website</u>
Carrier	Part B bills and services.	Toll Free: (800) 633-4227 (1-800-MEDICARE) <u>Visit</u> <u>website</u>
Center for Health Dispute Resolution (CHDR)	Requesting external reviews of Medicare managed care denials.	Local: (585) 425-5210 Visit website
CHIP Children's Health Insurance Program	Health insurance programs to children whose families earn too much to be eligible for Medicaid, but not enough to purchase private insurance.	Toll Free: (800) 880-5305 Local: (866) 848-9166 Toll Free TTY: (800) 735-2929 <u>Visit website</u>

Organization name	Can answer my questions about	Contact information
CHIP Insure Kids Now	Children's Health Insurance Program	Toll Free: (877) 543-7669 Visit website
CMS RO - Centers for Medicare & Medicaid Services Regional Office	Information on local seminars and health fairs on Medicare health plan choices, or to report a complaint directly to CMS.	Local: (415) 744-3501 <u>Visit website</u>
College of American Pathologists	Finding out if the lab where your blood tests are sent is accredited or not.	Toll Free: (800) 323-4040 Local: (847) 832-7000 <u>Visit website</u>
Department of Defense	Whether I qualify for military retiree health care benefits.	Local: (703) 571-3343 <u>Visit website</u>
Department of Veterans Affairs	VA medical benefits.	Toll Free: (800) 827-1000 Visit website
DME MAC Durable Medical Equipment Medicare Administrative Contractor	Bills for durable medical equipment and a list of approved suppliers of this equipment.	Toll Free: (800) 633-4227 (Jurisdiction D) Visit website
Eldercare Location	Finding necessary and convenient services that serve the elderly in their community.	Toll Free: (800) 677-1116 Local: (202) 434-2120 <u>Visit website</u>
ESRD End-Stage Renal Disease Networks	Where to submit a complaint about the quality of care I received from my kidney dialysis facility.	Toll Free: (800) 637-4767 Local: (888) 268-1539 <u>Visit website</u>
ESRD End-Stage Renal Disease Networks	Where to submit a complaint about the quality of care I received from my kidney dialysis facility.	Toll Free: (800) 232-3773 Local: (415) 897-2400 <u>Visit website</u>
ESRD State Survey Agency	Complaints about the quality of care in dialysis facilities.	Toll Free: (800) 236-9747 Local: (916) 440-7360 <u>Visit website</u>
Federal Black Lung Program	Finding out where my doctor should send the bills for the diagnosis and treatment of my black lung disease.	Toll Free: (800) 638-7072 Visit website

Organization name	Can answer my questions about	Contact information
Fiscal Intermediary	Part A bills and services, hospital care, skilled nursing care, and fraud.	Toll Free: (800) 633-4227
Home Health Agency	Home Health Care which is skilled nursing care and certain other health care services that you get in your home for the treatment of an illness or injury.	Toll Free: (800) 236-9747 Local: (916) 324-6630 <u>Visit website</u>
HUD U.S. Department of Housing	Information and services about homes and communities for citizens and for HUD's current and potential home buyers.	Toll Free: (800) 569-4287 Local: (202) 708-1112 TTY: (202) 708-1455 <u>Visit website</u>
Internal Revenue Service	Obtaining materials/forms for income tax filing and how Medicare Savings Accounts can affect my income taxes.	Toll Free: (800) 829-1040 Visit website
Joint Commission on Accreditation of Healthcare Organizations (JCAHO)	Finding out if your health care organization is accredited or not.	Local: (630) 792-5800 Visit website
Medicaid - Report Fraud	Report Medicaid fraud and abuse.	Toll Free: (800) 822-6222 Visit website
Medicare Diabetes Prevention Program Suppliers	Health care facilities & services in my area	Local: (415) 677-2370
Medicare Diabetes Prevention Program Suppliers	Health care facilities & services in my area	Local: (415) 677-2488
Medicare Diabetes Prevention Program Suppliers	Health care facilities & services in my area	Local: (650) 761-3500
Medicare Diabetes Prevention Program Suppliers	Health care facilities & services in my area	Local: (818) 714-2066
Medicare Diabetes Prevention Program Suppliers	Health care facilities & services in my area	Local: (619) 793-2010 x 4

Organization name	Can answer my questions about	Contact information
National Cancer Institute's Cancer Information Service	Information on cancer treatments, clinical trails, alternative medicine, coping with side effects, and other cancer related information.	Toll Free: (800) 422-6237 (Quit Smoking Program (877) 448-7848) <u>Visit website</u>
National Institute on Aging Information Center	Discussing health concerns, medicines, and other issues important to older people.	Toll Free: (800) 222-2225 Toll Free TTY: (800) 222-4225 <u>Visit website</u>
National Kidney and Urologic Diseases Information	Educational materials for people with kidney disease.	Toll Free: (800) 891-5390 Local: (301) 654-4415 <u>Visit website</u>
National Kidney Foundation, Inc.	Support groups and educational materials for people with kidney disease.	Toll Free: (800) 622-9010 Local: (212) 889-2210 <u>Visit website</u>
Nursing Home State Survey Agency	Where to submit a complaint about the quality of life or quality of care inside a nursing home.	Toll Free: (800) 236-9747 Local: (916) 440-7360 <u>Visit website</u>
Office for Civil Rights	Submitting a complaint about discrimination.	Local: (415) 437-8310 TTY: (415) 437-8311 <u>Visit website</u>
Office of Personnel Management	Claims and other issues for retired federal employees and their dependents/survivors.	Toll Free: (888) 767-6738 Local: (202) 606-1800 TTY: (202) 606-2532 Toll Free TTY: (800) 878-5707 <u>Visit website</u>
OIG (DHHS) Office of the Inspector General (Department of Health and Human Services)	Reporting fraud.	Toll Free: (800) 447-8477 Local: (202) 619-1343 Toll Free TTY: (800) 377-4950 <u>Visit website</u>
Ombudsman	Obtaining information on nursing homes or resolving problems between nursing homes and residents or their families.	Toll Free: (800) 231-4024 Local: (916) 419-7510 Toll Free TTY: (800) 735-2929 <u>Visit website</u>
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (323) 242-0500

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (213) 353-1140
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (310) 537-5883
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (323) 223-6298
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (323) 235-5035
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (415) 863-3883
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (415) 928-7800
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 232-0874
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 533-0800
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (559) 266-9581
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (559) 498-7100
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (559) 625-8890
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (559) 853-6222
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (626) 855-5090
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (650) 324-1470
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (925) 522-0124

Opioid Treatment Program Services		
	Health care facilities & services in my area	Local: (197) 266-9257
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 224-8940
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 239-9600
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 463-0870
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 463-0872
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 478-2487
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 527-4597
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 725-1060
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (310) 412-0879
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (530) 222-7213
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (530) 345-3491
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (530) 742-7747
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (559) 229-9040
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 946-1587
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (626) 442-4177

Opioid Treatment Program		
Services	Health care facilities & services in my area	Local: (626) 794-1161
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (626) 915-3844
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 328-0245
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 721-0463
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 861-9967
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 956-2462
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 461-5212
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 483-2253
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 522-1844
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 525-4669
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 765-6495
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 922-6597
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 964-4795
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (909) 501-5167
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (909) 623-6391

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (909) 986-4550
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (916) 774-6647
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 626-8053
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (530) 749-8640
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (310) 399-9883
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (323) 653-1677
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 916-7581
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 321-0234
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 947-3333
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 779-0555
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (916) 649-6793
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (714) 542-3581
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (916) 442-4985
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 525-6225
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (707) 544-3295

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (310) 671-0555
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (310) 675-9555
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 222-1331
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (619) 263-0433
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (951) 391-1470
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (415) 777-9953
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (415) 821-1427
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 727-9755
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 875-2300
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 357-6566
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 482-0864
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (831) 425-0112
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 777-8448
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (415) 526-8022
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (707) 435-9911

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (559) 264-2700
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (916) 391-2020
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (209) 938-0228
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 547-1280
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 745-1061
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (858) 715-1211
Opioid Treatment Program Services	Health care facilities & services in my area	Local: 8187685525x685525
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (619) 286-4600
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (619) 579-8378
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (619) 718-9890
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 744-2104
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (619) 498-8260
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (707) 576-0818
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 305-7528
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (707) 649-8300

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 247-8300
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (916) 366-6531
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 654-3815
Opioid Treatment Program Services	Health care facilities & services in my area	Local: 8009961051x3850
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 695-0737
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (626) 858-9500
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (510) 835-9610
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (310) 549-8383
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (916) 394-1000
Opioid Treatment Program Services	Health care facilities & services in my area	Local: 8314246655x19
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (909) 370-1777
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (951) 784-8010
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (951) 894-7324
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (760) 322-9065
Opioid Treatment Program Services	Health care facilities & services in my area	Local: 6612546630x1007

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 427-8018
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 929-7188
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 949-8599
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (714) 821-5311
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (714) 992-5475
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (805) 641-9100
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 506-4455
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 705-5561
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 891-8555
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 956-3737
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 989-1996
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (562) 929-7188
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (661) 949-8599
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (714) 992-4770
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 240-8843

Organization name	Can answer my questions about	Contact information
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 705-5561
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (818) 891-8555
Opioid Treatment Program Services	Health care facilities & services in my area	Local: (949) 629-2860
Primary Care Association	Finding a Federally Qualified Health Center (FQHC) closest to me to help me lower my health care costs. FQHCs include community health centers, tribal health clinics, migrant health services, and health centers for the homeless.	Toll Free: (888) 895-0808 Local: (916) 440-8170 <u>Visit website</u>
Quality Innovation Network Quality Improvement Organization (QIN-QIO)	Local and community level projects to improve patient safety, reduce harm, and improve clinical care.	Local: (602) 801-6600 Visit website
RHHI Regional Home Health Intermediary	Home health, hospice care, and fraud.	Toll Free: (800) 633-4227 (1-800-MEDICARE)
RRB Carrier - Railroad Retirement Board Carrier	(For Railroad Retirement beneficiaries only) - Part B bills and services.	Toll Free: (888) 355-9165 Local: (877) 288-7600 <u>Visit website</u>
RRB Railroad Retirement Board	(For Railroad Retirement beneficiaries only) - RRB benefits, lost RRB Medicare card, address change, and enrolling in Medicare.	Toll Free: (877) 772-5772 (Additional Fax # 904-232- 2874) TTY: (312) 751-4701 <u>Visit website</u>
Senior Medicare Patrol (SMP)	How to help prevent, detect, and report potential Medicare fraud or errors	Toll Free: (855) 613-7080 Visit website
SSA Social Security Administration	Changing my address, Medicare Part A or Part B, lost Medicare card, and Social Security benefits.	Toll Free: (800) 772-1213 (7am-7pm M-F (24x7 automated service as well)) Visit website

Organization name	Can answer my questions about	Contact information
State Department of Insurance	Medigap Policies	Toll Free: (800) 927-4357 Local: (213) 897-8921 <u>Visit website</u>
State Health Departments	Health based programs and services.	Local: (916) 445-4171 <u>Visit website</u>
State Hospice Organization	To find a hospice program in my area.	Toll Free: (888) 252-1010 Local: (916) 925-3770 <u>Visit website</u>
State Medical Assistance Office	Medicaid program	Local: (916) 636-1980 <u>Visit website</u>

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